

TOT PROGRAMS

Tot classes are designed to bring the child and parent/caregiver together for quality time. Although the instructor gives each child individual attention, parents and caregivers are encouraged to help their child during class time.

North Park Nature Tots

AGES 1½-3

Give your child a great opportunity to connect with nature at beautiful North Park! Each class includes fun arts and crafts, projects, stories and songs that relate to weekly themes. Every class also includes a nature walk where we can explore our surroundings at a toddler's pace, making sure to take time to listen to the birds and discover where insects live at North Park. Classes are attended with one parent or caregiver.

Day	Date	Time	Fee (ID/OD)	Code
W	Jun 9-Jul 28	6 pm-6:45 pm	\$30/\$35	10380

Location: North Park (next to the Sunflower Nature Center)

Tiny Tot Art in the Park

AGES 1½-3

Who needs paper, crayons and markers to create beautiful masterpieces? Staff provides exciting, colorful materials for your child to create beautiful art in the park. From sidewalk chalk to fingerpaint to colored bubbles, we will transform the walking paths into beautiful public art creations! Bring a picnic lunch and stay afterwards with other moms and tots to enjoy more free play with the children at beautiful North Park! Wear clothes that can get messy.

Day	Date*	Time	Fee (ID/OD)	Code
F	Jun 11-July 30	10-10:45 am	\$30/\$35	10381

*No class July 2

Location: North Park (next to the Sunflower Nature Center)

Fun in Motion from Head to Toe

AGES 1½-3

Have fun playing outdoors at beautiful North Park! Trained staff orchestrates climbing, balancing, agility and coordination activities. Our goal is to help your child build confidence through physical play. Music and singing are also incorporated into the activities. The fresh air and outdoor fun are perfect for your child just before lunchtime/naptime!

Day	Date	Time	Fee	Code
W	Jun 9-Jul 28	10-10:45 am	\$30/\$35	10382

Location: North Park

Hip-Hop

AGES 5-14

Hip-hop is a high-energy style of dance encompassing movement that has elements of popping, locking and break dancing, as well as freestyle movement to give students the opportunity to develop their own sense of style. Please wear gym shoes or hip-hop dance shoes.

Age	Day	Dates	Time	Fee (ID/OD)	Code
5-7	F	Jun 25-Aug 6	5:30-6:15 pm	\$45/\$50	10518
8-10	F	Jun 25-Aug 6	6:15-7 pm	\$45/\$50	10527
11-14	F	Jun 25-Aug 6	7-7:45 pm	\$45/\$50	10528

Instructor: Sidney McNeal III Location: Community Center

DANCE

Creative Movement

Young dancers learn to move their bodies using basic ballet, pointing their toes and positioning their arms. Using their own ideas and images, students create their own movements. Ballet shoes recommended.

Ages	Day	Dates	Time	Fee (ID/OD)	Code
3-4	Th	Jun 24-Aug 5	4:30-5 pm	\$35/\$45	10530

Instructor: Emily Emanuel

Location: Community Center

Ballet

Dancers master basic foot/arm positions and progress to the ballet barre. They learn relevés, plies, jumps and ballet terminology. Ballet shoes required.

Thursdays, June 24-August 5

Class	Ages	Time	Fee (ID/OD)	Code
Pre-Ballet	5-6	5:15-6 pm	\$35/\$45	10515
Ballet I	7-9	6:15-7 pm	\$35/\$45	10516

Instructor: Emily Emanuel

Location: Community Center

Beginner Tap <NEW!>

Students learn basic tap moves, timing, dance line, developing balance and body coordination movement. Tap shoes are required.

Ages	Day	Date	Time	Fee (ID/OD)	Code
7-12	Th	Jun 24-Aug 5	7:15-8 pm	\$35/\$45	10514

Instructor: Emily Emanuel

Location: Community Center

Cheerleading

Students learn basic cheer techniques and positions, including spirit dance, simple stunts and team-building skills.

Ages	Day	Date	Time	Fee (ID/OD)	Code
7-9	W	Jun 23-Aug 4	5:30-6:15 pm	\$40/\$50	10517
10-13	W	Jun 23-Aug 4	6:15-7 pm	\$40/\$50	10519

Instructor: Kaleen Dolan

Location: Community Center

Poms/Dance <NEW!>

Do you want to join the dance or cheerleading team one day? Get ready to learn dance, kickline and cheer routines. Wear comfortable clothes and gym shoes.

Age	Day	Date	Time	Fee (ID/OD)	Code
7-9	Tu	Jun 22-Aug 3	6:30-7:15 pm	\$40/\$50	10520
10-13	Tu	Jun 22-Aug 3	7:15-8 pm	\$40/\$50	10521

Instructor: Kaleen Dolan

Location: Community Center

Improvisational Dance <NEW!>

This free moving class helps children build self-esteem and gain confidence through self directed movement and expression. Each class introduces the children to a variety of music, stretches and dance styles. Wear comfortable clothing.

Ages	Day	Date	Time	Fee (ID/OD)	Code
7-13	Tu	Jun 22-Aug 3	5:45-6:30 pm	\$40/\$50	10522

Instructor: Kaleen Dolan

Location: Community Center